Name: **Class**:

Worksheet: Goal Setting and Progress Tracker

National History Day projects have many small steps that you will need to take to create your final project. Your teacher will give you due dates for these steps to help you along the way. Use this worksheet to keep track of the major deadlines and specific steps you need to take. If you have an online calendar, schedule work time for each of the weekly goals you plan here.

Your Goals for History Day

Before starting your project, take some time to set two skill-based goals for yourself through this project. Skill-based goals are not about your success in the competition. These goals should be about building abilities or attitudes that will help you in the future. Some examples of goals might be:
- *Being willing to re-read a source to understand it better*
- *Learning how to write a strong thesis statement*
- *Using a public library to find research*
- *Learning new technology or software (such as website or documentary software)*
- *Interviewing a friend or family member about their experience with a historical event*

Goal 1:	Goal 2:

Weekly Plan Template

Each week, identify your goals and important deadlines for your History day project. Check-off each goal as you complete it. At the end of the week, fill out the reflection section. Think about how you're improving and taking steps to finish your project.

Week of:

Next Deadline from my teacher:

Goals for the Week: Work you plan to accomplish. Add more rows if needed.	My Due date for this step	Done?
Reflection: 1. How are you feeling about your work for this week? Explain! 2. What changes would you like to make for how you worked for next week? 3. What can your teacher do to help you?		

My Weekly Plan

Make a copy of the "Weekly Plan" template each week. Paste the new Weekly Plan into this document, above last week's. Keep all your weekly plans in the same document to see how you are getting closer to your goal!